

Terms and Conditions

By downloading and using the Self-Checkout app, you agree to these terms. Self-Checkout is designed to be a personal tracking and social support tool.

1. Medical Disclaimer

Self-Checkout is **not** a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical or mental health condition.

2. User Responsibilities

You agree to use the app responsibly and treat any friends you connect with respectfully. We reserve the right to suspend accounts that abuse the friend-alert system or use the platform to harass others.

3. Data Ownership and Deletion

You retain ownership of your data at all times. You can request a full account and data deletion at any time via the app settings. Upon deletion, your data will be permanently removed from our active Firestore databases.